



SHIFTING GEARS

RIDING THE ROAD THROUGH
AMERICA'S HEARTLAND

CHRISTOPHER BRISCOE

Discover America in the 1970s as seen from a bicycle. This is a classic coming-of-age story about the author's 4,000-mile transcontinental bicycle trip in the mid-70s with his friend, Bryan. Readers will find themselves along for the ride of a lifetime, grinning from ear to ear at each crested hill or valley descent. Small-town America is represented in all its fascinating glory. Curiosity and adventure permeate this book!

This book motivated me to pump up the old bike tires and hit the road for an adventure of my own.

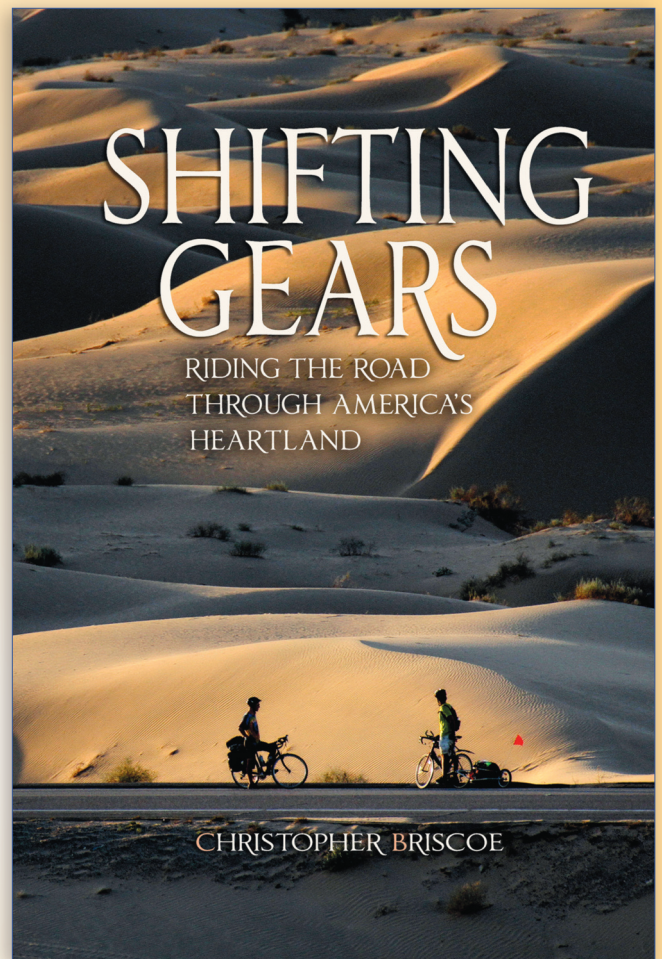
— Richard Tunzatz

The vulnerable moments and honest self-examination elevate this book to a classic coming of age story, one hard-earned mile after another.

— Jeanne Stallman

A once-in-a-lifetime journey through the heart of 1970s America. Shifting Gears is as sharp-eyed, intuitive and as captivating as Cheryl Strayed's Wild.

— Valerie Sullivan Loss



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Based in the Pacific Northwest, Christopher Briscoe's work has been featured from Los Angeles to New York, London to Tokyo. His photographs have been featured in major publications including USA Today, Money Magazine, Los Angeles Times, Paris Match and Time Magazine. A few of his famous faces include Michael Douglas, Catherine Zeta-Jones, Kirk Douglas, Bo Derek, Mikhail Gorbachev, Dave Brubeck and former President Ronald Reagan. Equally inspiring are the exquisite faces of people from all walks of life that are included in Briscoe's truly inspiring portfolio locate at www.chrisbriscoe.com.